

# LIVING INDEPENDENTLY

## AN INDEPENDENCE CHECK LIST

Ok, you've decided to live on your own, either by yourself or with a roommate. The chances that your mom or your dad, or your brother or your sister is going to show up every day to do your chores, or to even make sure you've done your chores on your own are small to none. That means you're going to have to be responsible for getting a whole lot of things done by yourself!

So, what exactly are those things, and which of them do you already know how to do?

Task	I can do it!	Help me get started!	This is hard!
Waking up in the morning.			
Making breakfast.			
Making lunch.			
Cleaning up after by meal/doing dishes.			
Packing lunch.			
Getting to school or work on time.			
Getting home or to work on time.			
Washing my clothes.			
Drying my clothes.			
Folding my clothes.			
Putting my folded clothes away.			
Making diner.			
Completing other household chores.			
Cleaning up after dinner/doing dishes.			
Showering or bathing without reminders.			
Preparing for the next day.			
Keeping track of my money/keeping receipts.			
Having a bank account.			
Saving money.			
Preparing a grocery and supplies list.			
Shopping for groceries and supplies.			
Paying rent/utilities.			