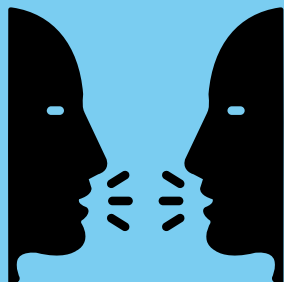


FAMILY ROLE IN YOUTH TRANSITION PLANNING

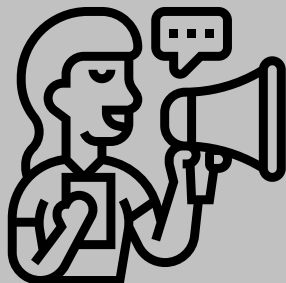
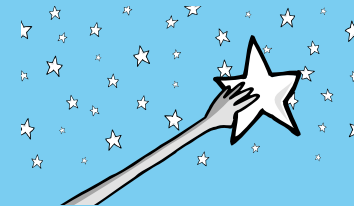
TALK WITH THEIR CHILDREN

Parents can talk with their child about what they want for themselves. This can include a discussion about their interests and preferences; what activities they like or dislike; and what post school activities their children or youth want to do.



SUPPORT THEIR CHILDREN'S DREAMS

It is the parents that can guide, encourage and empower their disabled child to take an active role in the transition program. Parents are essential in helping their disabled child identify life and career goals and in providing the opportunities to attain those goals.



PROMOTE SELF-ADVOCACY

Parents can promote self-advocacy skill-building in their child or youth from an early age. Parents should encourage their child to be their own voice. This can be done by allowing your child to make choices, understand their strengths and abilities, and what supports help their child.

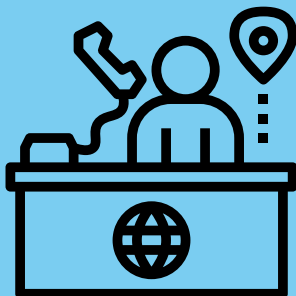


HELP TO ORGANIZE THOUGHTS

Parents can help their youth prepare for their IEP meeting by helping them to organize their thoughts about what they want after high school.

GET FAMILIAR WITH ADULT SERVICES

Parents should get familiar with adult service agencies that can provide support for employment, post high school education, and independent living supports that may help their young adult after high school achieve their own goals.



MAINTAIN A HOME FILE

Parents should maintain a home file with information about their child that may be useful in transition planning and accessing adult supports and services.

